

# ZENWOMAN

Multivitamins & Mineral Supplement

Diet is an ideal source  
of nutrients for the body, but.....



“Is your patient getting the right amount of  
vitamins & minerals?”

## ZENWOMAN

Multivitamins & Mineral Supplement

**12** essential vitamins  
formulated for the needs of  
women to support the most  
important areas of health

**10** crucial minerals to support  
women health



**100%** or more daily  
nutritional value for 11 vitamins

## ZENWOMAN

- Personalized for women to help increase energy, support immunity, and boost metabolism.
- Contains nutrients to help women maintain a healthy appearance and strong bones.
- Based on the most recent guidelines to provide essential nutrients required by women in an ideal concentration of vitamins and minerals.
- Helps in optimizing daily multivitamin and mineral intake as a supplement to a healthy diet.

### SUPPLEMENT FACTS

Serving Size One Tablet

Amount per serving		% Daily Value*
Vitamin A as a Beta		
Carotene	1300 IU	144%
Vitamin C	90 mg	100%
Vitamin D3	600 IU	75%
Vitamin E	35 IU	106%
Pantothenic Acid	5 mg	100%
Calcium	325 mg	25%
Vitamin B12	2.4 mcg	100%
Biotin	30 mcg	100%
Vitamin B1	1.2 mg	100%
Niacin	16 mg	100%
Vitamin B6	1.7 mg	100%
Folic Acid	400 mcg	100%
Copper	0.9 mg	100%
Riboflavin	1.3 mg	100%
Magnesium	100 mg	24%
Manganese	2.3 mg	100%
Selenium	55 mcg	100%
Zinc	11 mg	100%
Chromium	35 mcg	100%
Molybdenum	45 mcg	100%
Iodine	150 mcg	100%
Iron	18 mg	100%

\* US Food and Drug Administration Nutrition Facts, Supplement Facts Label and Serving Size rules. Compliance date January 1, 2020. Based on the reference caloric intake of 2,000 calories.



### RECOMMENDED USE:

Swallow 1 tablet whole (do not chew) with plenty of liquid just before or during the consumption of a meal. The recommended daily intake indicated should not be exceeded. Food supplements are not a substitute for a varied and balanced diet and a healthy way of living. Keep out of reach of young children.

Marketed in Pakistan by:  
Zenith (Pvt) Ltd  
406 Faiyaz Centre, Shahrah e Faisal,  
Karachi, Pakistan

Head Office:  
Zenith Medical L.L.C.  
P.O. Box 294313, Dubai, UAE

